

Weekly Activity Calendar



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Early morning session 1	Fitness Groups	Hairdresser Visit	Mass	Physio Fitness	Turkish Coffee Club		
Early morning session 2	Scenic Drive	Balkan Coffee Club	1:1 Visits	Walking Group	Mindfulness Meditation	Rosary	Mass
	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea	Morning tea
Late morning session 1	Communion Service	Rosary	Pet Therapy	Knitting Group	Arts & Crafts	Mass	Rosary
Late morning session 2	Arts & Crafts	Mindfulness Meditation	Scenic Drive	Italian Social Club	1:1 Visits	Table Games	Word Games
	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon session 1	Quiz Group	Bingo	Pampering	Concert	Scenic Drive	1:1 Visits	Table Games
Afternoon session 2	Chocolate Bingo	Memory Club	Newspaper Discussion	Happy Hour	Bingo		

Activity programs are subject to change.